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WALDORF ASTORIA  
Spa



# WALDORF ASTORIA SPA BERLIN

At Waldorf Astoria Spa we deliver true expertise that impacts and aligns with our guests' prioritization of wellness alongside with skincare at the vanguard of innovation.

We invite our guests to dive into a sumptuous retreat like no other. Social gathering or soothing time out, celebratory moments or secluded havens, the Waldorf Astoria Spa will tick every box, without you even having to ask.

Our passion for the very best in wellness and skincare comes to life in our unique approach. We envelope the greatest spa experiences with our Waldorf Astoria hospitality.

# SIGNATURE TREATMENT

## VITALITY - OUR SPA SIGNATURE TREATMENT

Designed to ensure every massage technique is personalized for the guest and delivered with attention to detail, this treatment returns true artistry to the spa experience.

Relax with a treatment tailored specifically to you and indulge in an unforgettable break, enveloped in the scent of essential oils from local medicinal plants.

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## WALDORF ASTORIA BERLIN - SIGNATURE MUSCLE RECOVERY RITUAL

Memories are infused with scents. Unwind on your dream journey through Germany's fragrances and immerse yourself in the calming aromas of indigenous herbs, the awe-inspiring black spruces of the Alps, and the tranquil linden blossoms.

Visualize strolling beneath the linden trees, walking through the zoo, or hiking in German forests. Release yourself from stress and anxieties and grant yourself the present of self-exploration.

Our massage utilizes the rejuvenating properties of the forest to alleviate inflammation and muscle tension while also boosting your immune system.

The treatment incorporates the symbolic properties of the linden tree to revitalize both your body and mind. To maximize the therapeutic benefits of the oils, a warm compress is applied for added comfort.

60 or 90 Minutes

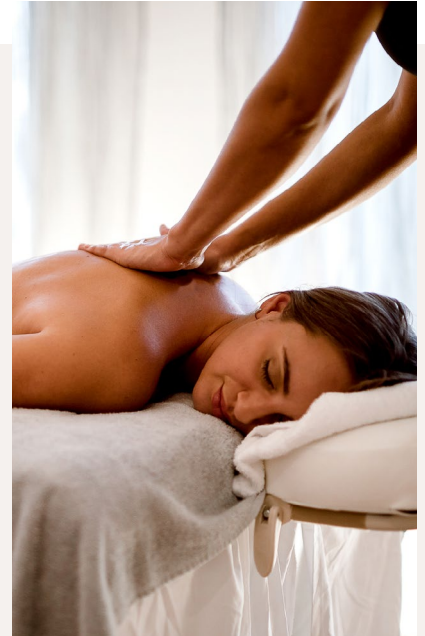
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## SPA SIGNATURE FACIAL

Take a break from your everyday routine and indulge in a relaxing foot bath. Unwind on our preheated couches in daylight-filled rooms while our skilled therapists rejuvenate your skin with our Waldorf Astoria Signature Facial Treatment, leaving you glowing and refreshed.

60 Minutes



## WALDORF ASTORIA SPA RITUAL

Join us on our wellness journey and give yourself the gift of a harmonious time-out. Experience our signature body treatment at the Waldorf Astoria, which starts with a relaxing foot bath followed by a rejuvenating body scrub. Then, indulge in hydrotherapy and unwind as we envelop you in healing essences. At last, let us pamper you with a professional facial and a full-body massage.

120 Minutes

# THE SKINCARE ATELIER

Delivering only the best skincare offering. We have a commitment to introducing innovation and niche skincare to guests, ensuring that we meet the right needs for absolute skin health.

## LUXURY FACIAL

Give your skin a luxurious rejuvenation with the SeaCreation Luxury Facial. The active ingredients from the deep sea work their magic to regenerate and revitalize your skin, providing elegant beauty whilst also offering thermoactivated cell protection.

100 Minutes

## ANTI AGING FACIAL

Experience our luxurious anti-aging lifting treatment that transcends conventional skin care. Our technique of cosmetic facelift, combined with moisturizing and plumping skin care products, gives your skin an exquisite tone and freshness. Let us accompany you on this journey to rejuvenation and radiance.

60 or 90 Minutes

## CLASSIC FACIAL

Indulge in a revitalizing facial treatment specifically catered to your skin care requirements. Our team ensures a personalized solution that's tailored to your sensitive or moisture-deficient skin. Carefully selected ingredients restore your skin's balance and give you a radiant and harmonious appearance.

60 Minutes

## GLOW FACIAL

Boost your skin's renewal process with the invigorating Glow Facial treatment and witness the remarkable transformation of your complexion. Discover the exceptional benefits of retinol-infused products that enhance elasticity and radiance for a more youthful appearance.

90 Minutes

## DEEP CLEANSING

The deep pore-cleansing facial is especially appropriate for the fast-paced itineraries of international business travelers. This succinct treatment ensures a comprehensive cleanse, serving as a perfect foundation for exploring the vibrant city with a flawless complexion.

45 Minutes

## HEALTH AND WELL-BEING

This treatment offering will deliver exceptional traditional spa treatments, intertwined with wellness innovation that is elevated to reflect the deepening needs to elevate and optimize your wellbeing.

## THE RESTORATIVE RITUAL

We combine the traditional Gua Sha healing technique with our luxurious care products and a flowing massage technique. This treatment targets the face, neck, décolletage, and scalp to alleviate swelling and tension in the facial muscles and eye area. Additionally, the therapy can mitigate migraines and headaches, alleviate temporomandibular joint problems, and expel sinus congestion.

60 Minutes

## THE BERLIN CHIC MASSAGE

This signature massage is exclusively available at the Waldorf Astoria Spa. It activates your body's self-healing powers, boosts your immune system, improves metabolic activity and blood circulation. It's the perfect way to start your day in the metropolis.

60 or 90 Minutes

## THE GROUNDING RITUAL

Recharge your energy in our wellness oasis and indulge yourself in our restorative full-body massage. Our therapist will alleviate tension in your neck and shoulder areas with long, flowing strokes, while expertly addressing your foot reflex zones. The massage can be personalized to your comfort level, with varying levels of intensity to target deep-seated tension. A deep relaxation occurs, which restores the balance of body and soul.

60 or 90 Minutes

## THE COMFORTING RITUAL

Relieve the natural discomforts of pregnancy like muscle tension, headaches, and water retention with a specially designed massage for the second and third trimesters. This massage provides relaxing and soothing support for your transformation process and includes a 90-minute Gua Sha treatment for the face and scalp.

60 or 90 Minutes

## THE DEEP MUSCULAR MASSAGE

Recover during our regenerative deep massage that redefines your tight muscles and promotes soothing relaxation. The combined use of five of the world's most renowned techniques produces healthy, relaxed muscle tone and long-lasting results.

60 or 90 Minutes

## THE SLEEP RITUAL

The targeted utilization of the flowing massage technique combined with meditative breathing exercises facilitates a heightened awareness of breath, resulting in a calming effect on the autonomic nervous system. Indulge in a dream-like state, enveloped by the alluring fragrances of geranium and jasmine blossoms.

90 Minutes

## THE BALANCING RITUAL

This relaxation massage is specifically designed for women. It starts with guided meditative breathing and employs cold stone massage therapy, Gua Sha, reflexology, and lymphatic drainage to restore inner peace. This massage alleviates PMS and menopausal symptoms, balances your body's energy pathways, and soothes the feminine soul.

90 Minutes

## COMPLEMENTS

Enhancing each of our chosen treatments, these shorter treatments boost wellbeing when combined with any other element on our menu. They complement and elevate our curated offering.



## BABOR ADDITIONALS

Enhance your experience at the Waldorf Astoria Spa with additional add-on treatments. We offer rejuvenating ampoules, a variety of masks (firming, moisturizing, peel-off, sheet masks), invigorating fruit acid peels and extended treatment times.

30 Minutes

## TREATMENT CONCEPT SKIN ANALYSIS

Gain a thorough understanding of your skin through an advanced computerized analysis that magnifies up to 80 times. Decipher the demands of your skin and receive a customized care plan. With the highest precision, we analyze six important skin parameters for you.

30 Minutes

## EYE TREATMENT

Our luxurious eye treatment effectively reduces bags and puffiness to provide a clearer complexion. Unwind with a soothing massage, followed by a moisturizing mask and the application of precious eye care products for optimal relaxation.

30 Minutes

## HAND TREATMENT

We will indulge your hands in a gentle exfoliation, an exceptional massage, and a revitalizing hand treatment to rejuvenate them.

30 Minutes

## FOOT TREATMENT

Look forward to irresistibly smooth skin and complete relaxation through a gentle exfoliation, meticulous pampering, and a soothing massage.

30 Minutes

## 5-SENSES-HYDROTHERAPY

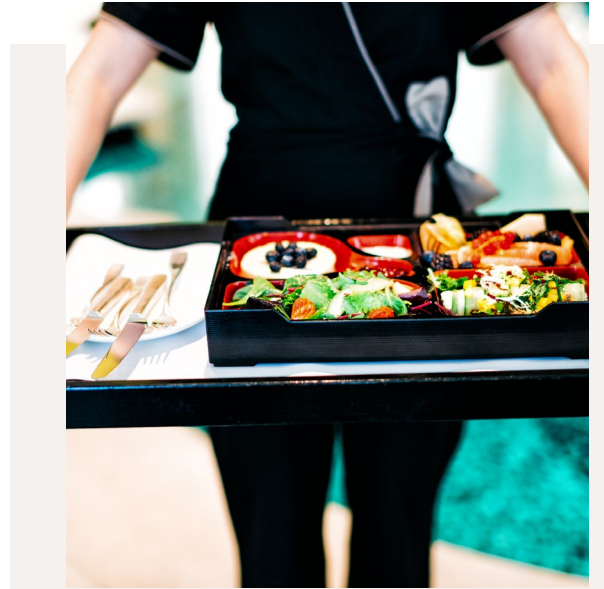
Indulge in a blissful bubble massage in our hydrotherapy tub. This treatment provides both muscle relaxation and improved circulation, making it the ideal way to prepare for any of our other services. Prepare for a truly unique experience.

30 Minutes

## EXTENDED MASSAGE + WARMTH

Enjoy another fifteen minutes of your massage.

15 Minutes



# CONTACT

## BOOK YOUR WELLNESS TIME-OUT

Your exclusive getaway in the heart of  
Berlin City West is awaiting you.

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WALDORF ASTORIA®  
BERLIN

# PRICE LIST

## VITALITY – OUR SPA SIGNATURE TREATMENT

WALDORF ASTORIA BERLIN SIGNATURE MUSCLE RECOVERY RITUAL	60/90 min	175/205 €
SPA SIGNATURE FACIAL	60 min	175 €
WALDORF ASTORIA SPA RITUAL	120 min	350 €

## SKINCARE ATELIER

LUXURY FACIAL	100 min	315 €
ANTI AGING FACIAL	60/90 min	175/245 €
CLASSIC FACIAL	60 min	155 €
GLOW FACIAL	90 min	225 €
DEEP CLEANSING	45 min	145 €

## BEING WELL

BERLIN CHIC MASSAGE	60/90 min	165/195 €
THE RESTORATIVE RITUAL	60 min	165 €
THE GROUNDING RITUAL	60/90 min	165/195 €
THE COMFORTING RITUAL	60/90 min	165/195 €
THE SLEEP RITUAL	90 min	195 €
THE BALANCING RITUAL	90 min	195 €
THE DEEP MUSCULAR MASSAGE	60/90 min	175/205 €

## COMPLEMENTS

BABOR ADDITIONALS	20 min	35 €
TREATMENT CONCEPT - SKIN ANALYSIS	30 min	65 €
EXTENDED MASSAGE + WARMTH	15 min	30 €
EYE TREATMENT	30 min	100 €
HAND TREATMENT	30 min	100 €
FOOT TREATMENT	30 min	100 €
FIVE-SENSES-HYDROTHERAPY	30 min	65 €